

GLUTEN-FREE MENU

Although LongHorn Steakhouse does not have a gluten-free kitchen, we will make every attempt to meet your needs for a gluten-restricted diet. The items listed on the menu below are appropriate for a gluten-restricted diet, as is, or can be ordered with minor changes (listed in italics). To insure that your meal is prepared properly, please request that all items be prepared in separate containers.

Salads

*Request NO croutons on salads.
Request that salads be tossed in separate
mixing bowls from other salads.*

- Sonoma Chicken Salad
- 7-Pepper Salad
- Chicken Caesar Salad
- Grilled Salmon Salad
(Order without Salmon Marinade)
- Mixed Green Side Salad
- Caesar Side Salad

Dressings:

*House, Ranch, Fat-free Ranch, Balsamic Vinaigrette,
Thousand Island, Chipotle Ranch, Bleu Cheese,
Caesar, Honey Mustard, Oil and Vinegar*

Burgers/Sandwiches

- Cheeseburger
(Order without bun)
- Bacon Cheeseburger
(Order without bun)
- Shaved Prime Rib Sandwich
(Order without bun or horseradish sauce)
- Honey Mustard Chicken Sandwich
(Order without bun)

Ribs, Chops, Etc.

- Babyback Ribs
(Order without BBQ sauce)
- Cowboy Pork Chop

Legendary Steaks

- Flo's Filet
- Bacon Wrapped Filet
- NY Strip
- LongHorn Porterhouse
- Prime Rib
(Order without Classic Au Jus or Horseradish Sauce)
- Ribeye
- Renegade Top Sirloin
- Fire-Grilled T-Bone
- Chop Steak
*(Order without Mushroom Bordelaise sauce, or crisp
onion straws)*

Seafood

*All Salmon must be ordered without Salmon Marinade.
Order all seafood dishes without rice*

- Flo's Filet and Salmon
- LongHorn Salmon
- Redrock Grilled Shrimp
- Flo's Filet and Lobster Tail *(where available)*
- Grilled Fresh Rainbow Trout

Chicken

- Sierra Chicken

Side Items

- Baked Potato
- Mashed Potatoes
- Asparagus
- Seasonal Vegetables
- Sweet Potato
- Sliced Tomatoes
- Grilled Onions
- Sautéed Mushrooms

Desserts

- Hot Fudge Sundae
- Fresh Fruit

Kids Meals

- Kid's Hot Dog
(Order without bun)
- Kid's Cheese Burger
(Order without bun)
- Kid's Grilled Chicken Salad
(Order without croutons)
- Kid's Sirloin Steak
- Kid's Grilled Chicken



For more nutritional information,
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